

## COURSE SYLLABUS



### COMMUNITY ACTION FOR DISASTER RESPONSE (CADRE)

The course is designed to train the community volunteers with basic knowledge and skills to respond safely to disasters and emergencies.

the CADRE course was developed by the Program for Enhancement of Emergency Response (PEER) with technical support from the Asian Disaster Preparedness Center (ADPC) and the American Red Cross (ARC) funded by USAID Bureau for Humanitarian Assistance. First introduced in Asia in 2009, the course has been the foundation training of community response teams in Bangladesh, India, Nepal, Pakistan, Sri Lanka, Cambodia, Lao PDR, Vietnam, Thailand, Indonesia, and the Philippines implemented by the Civil Defense, Fire Department, Red Cross/Red Crescent National Societies and other community volunteer organizations.



Who can enroll in the course?

The CADRE course is designed to train community-level volunteers and other community members who are capable of being Community Emergency Responders.

### COURSE CONTENT



Common Hazards and the Community response team



Securing Family and Preparing for Response



First Aid and BLS



Emergency Rescue Shoring Techniques



Incident Command System and Triage



Dead Body Management



Fire & Water Emergencies



Basic Search and Rescue



## Course Methodology

CADRE is a three-day course that is aimed at empowering and building resilient communities with limited dependence on external help. The course is delivered using interactive teaching and learning methodologies.

CADRE uses a standard training package and methodology that ensures quality and enables graduates to apply the knowledge learned from the course in real-life response operations.

The Adult Teaching methodology makes the learning:

- Competency-Based
- Practical Application
- Participatory
- Performance-Oriented
- Standard & Quality Assured



## What will you learn from this course?

CADRE will prepare you for disasters and by the end of the course you will be able to:

- Secure personal and family well being
- Receive information and request assistance
- Organize and plan for response
- Select and prepare needed logistics
- Safely evaluate and respond to the situation
- Extricate trapped victims
- Provide emergency medical care
- Conduct triage
- Prepare transport of patients
- Assist professional responders
- Community discussion after response to review actions



## Performance Objectives

In the final practical evaluation, participants will be given an emergency scenario in which the team will need to respond following the procedures learned in the course.

Participants will be provided all the basic response equipment and Personal Protective Equipment and will be given 01 hour and 30 minutes to complete all the steps to manage the incident.







## Sample Course Schedule

### Day 1

- 08:00 - Lesson 1: Course Introduction**
- 08:30 - Lesson 2: Overview of Common Hazards**
- 09:30 - Lesson 3: Community Response Organization**
- 10:30 - Break
- 10:45 - Lesson 4: Responder Well Being and Family Preparedness**
- 11:30 - Lesson 5: Preparing for Response**
- 12:30 - Lunch
- 13:15 - Lesson 6: First Aid and Basic Life Support**
- 14:00 - Practical Station (Patient Assessment and Bleeding Control)
- 15:30 - Break
- 15:45 - Practical Station (Fracture, Lifting and Moving Patients)

### Day 3

- 08:00 - Lesson 10: Management of Dead Bodies**
- 09:00 - Lesson 11: Course Review**
- 10:00 - L 12: Final Practical Exercise Preparation
- 11:00 - Group-1 (Activation for Final Practical Exercise Preparation)**
- 12:30 - Lunch
- 13:30 - Group-2 (Activation for Final Practical Exercise Preparation)**
- 15:00 - Break
- 15:15 - Final Practical Exercise Evaluation**
- 16:00 - Final Course Evaluation**
- 16:30 - Awarding of certificates and Closing Ceremony

### Day 2

- 08:00 - Practical Station (CPR, Foreign Airway Obstruction)
- 08:45 - Lesson 7: ICS & Triage**
- 09:15 - Practical Station (Community START)
- 10:15 - Lesson 8: Fire and Water Safety**
- 11:15 - Break
- 11:30 - Practical Station (Fire Extinguisher, Water Relay, Throw Bag, and Shallow Water Crossing)
- 13:30 - Lunch
- 14: 30 - Lesson 9: Basic Search & Rescue**
- 15:15 - Break
- 15:30 - Practical Demonstration (L-9)
- 16:00 - Practical Station (Search Objects and Lifting heavy loads)



#### Contact us:

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