



# Safety health tips to Prevent COVID-19

## 3 Wash



- Wash your hands before having a meal
- Wash your hands after going to the toilet or touching any surfaces
- Wash your hands frequently with soap and an alcohol gel

## 2 Avoid



- Avoid touching any patients or persons who might be sick
- Avoid going to public places that are crowded

If it is necessary to go out, please wear a mask and frequently wash your hands

## 3 Reduce



- Reduce the time spent outside your home or in public places
- Reduce the time spent on group activities
- Reduce the chance of spreading the virus. If you feel unwell, please stay home and consult a doctor

## 3 Stop



- Stop holding activities with large groups of people
- Stop concealing useful information about risky persons or avoiding contact with officials
- Stop sharing false information, which may confuse the public